## EKO – Youth Exchange Participants' Report



## **COVID-19** effects on our planet:

A perspective of the Greek team of young people

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## Planting Ideas, Planting Hope!

A wave of change hit our home planet Earth! At the very start it was like waiting for the moment when all of us were most vulnerable. Then it began expanding gradually. That diSEAse, which got known as COVID-19.

It forced the big heads to take precautions measurements. It leads people to cast defensive behaviors. And it helped the nature to time travelled to the past.

The third month of lockdown is coming to an end... And humans are now hardened through all of this. I hope now that people who are starting to get out of their comfort zone of their small houses, which they were not appreciable before, they are more conscious and sensitized about the future. All the humanity cannot deny the changes that the environment faced. After that our reduced use of means of transport, the temporary closing of the factories and generally some actions that people get used to do, they have had an important impact and now they gained something that they were not familiar before... clean skies and air, clean waters and a chance of return to a more environmental friendly way to live.

The whole situation was an opportunity for some people to shine through their professions. The virus planted new ideas to our kind. New initiatives that they had to implement and a free pass for experimentations. We embraced the technological means to transfer our daily life activities to the digital world!

We raised our adaptability and we are able now to step forward for the transfiguration of the most of our activities. On the other hand, we were also forced to focus to the eyes of the persons opposite, to take a look through them despite of their color and to get attached to their inner worlds. We get connected with each other and together we can plant these seeds of hope and then a greener future will bloom.



